

# **SAMPLE FAMILY DISCIPLESHIP MILESTONES PLAN**

<b><u>AGE</u></b>	<b><u>SAMPLE</u></b>	<b><u>IDEAS/PLANS</u></b>
BIRTH	Family Dedication; choose life verse for child	
1	Birthday party with Community	
2-4	Gift of their first Bible	
5-10	Annual family vacations	
11-4	First communion; start serving at church	
15-17	Organize "rite of passage"	
18 & up	Graduation Party	

*\*This sample plan is taken from "Family Discipleship" by Matt Chandler and Adam Griffin\**

# MILESTONE PLAN

## YOUR IDEAS

IDEAS FOR FAMILY  
TRADITIONS

IDEAS FOR FAMILY  
ADVENTURES

IDEAS FOR GIFTS/  
MOMENTOS TO  
BESTOW

IDEAS FOR BIRTHDAY/  
ANNIVERSARY  
TRADITIONS

*\*This sample plan is taken from "Family Discipleship" by Matt Chandler and Adam Griffin\**

# Family Discipleship Milestone Ideas

## **Birthdays**

- Have family members take turns encouraging the birthday child or parents with ways they've seen him or her grow that year and pray for the next year.
- Invite friends and neighbors to celebrate what the Lord has done in the life of the child or parent and pray for even more growth.
- Set individual spiritual goals for the next year.

## **Holidays**

- Read Advent scriptures leading up to Christmas.
- Read Lentos scriptures leading up to Easter. Bake a birthday cake for Jesus at Christmas.
- Serve together somewhere for a holiday.
- Invite unbelieving friends or neighbors to celebrate a holiday with you.
- Commemorate Thanksgiving by creatively expressing what each of you is grateful for through prayer, crafts or sharing.
- Celebrate New Year by Making spiritually focused family resolutions or goals.
- ON Veteran's Day, write letters to soldiers and pray for those serving in the military.

## **Anniversaries**

- If you're married, celebrate your anniversary with your whole family. Have the kids celebrate and share creatively what God has done in keeping Mom and Dad together.
- Commemorate a loved one who has died on the anniversary of the death, and leverage the opportunity to testify to the faithfulness of God and the reality of our hope in Him in eternity.
- Celebrate the anniversary of your child's baptism by treating it like you would a birthday - cake, cards, blessings, and presents.

## **Family Adventures**

- Family Mission trip
- Family camping trip
- Annual family vacations
- Moving to a new house or city, getting a new job
- Family Road trip

## **Rites of Passage**

- Family/baby dedication
- Ceremony with close friends and family to acknowledge a transitions to manhood/womanhood
- graduation
- Winning of completing a competition.

# **Milestone Ideas by Stage**

## **At Birth**

- Choose a name for your child that has a spiritual meaning.
- Use a baby dedication resource to dedicate your child to the Lord along with your family.
- Choose a verse to pray over your child nightly as you put him/her to bed, and share that verse with community.

## **One Year Old**

- Throw a birthday party with your family, close friends and neighbors. Testify to the goodness of God that you've seen in your child's life, reaffirm your commitment to raising your child in the way of the Lord and invite some friends to pray for specific things you'd like to see in your child's life.

## **Two to Four Years Old**

- Get your child his or her first Bible.

## **Five to Ten Years Old**

- Take your child on annual family adventures where you explore, serve, and talk about God.
- Involve your children in annual birthday and holiday celebrations to bless them and cultivate a love and fear of God.

## **Eleven to Fourteen Years Old**

- Have a more substantial talk about purity and sexuality.
- Give your children their first study bible.
- Find an opportunity for them to serve regularly in the church.
- Add significant responsibilities.
- Hope and pray to celebrate their salvation and baptism if it hasn't already happened.
- Consider having them join the family in taking Communion.
- Send them or go with them on their first mission trip.
- 

## **Fifteen to Seventeen Years Old**

- Organize a rite-of-passage ceremony or adventure.
- Celebrate earning a driver's license.
- Add responsibilities that build the independence your child will need after high school.

## **Eighteen Years and Older**

- Celebrate a graduation, college acceptance, job placement, launch into independence, etc.

*\*These sample ideas are taken from "Family Discipleship" by Matt Chandler and Adam Griffin\**